

## “Man of the Year” in Our Book too!

Chuck Trainor’s commitment to home, work and charity certainly proved beneficial to the Sacramento Crisis Nursery North when he was named “Man of the Year” by the local chapter of the National Association of Industrial and Office Properties (NAIOP), The Sacramento Valley Chapter’s annual dinner saluted Chuck and his wife Paulette and the evening’s roast raised \$125,000 in sponsorships and pledges to benefit the nursery. Chuck was thoroughly “roasted” during an evening that provided a great deal of entertainment and a demonstration of true respect from his peers. Paulette was recently honored at the Community Services Planning Council’s “People Helping People” awards luncheon for



*Chuck Trainor and longtime Crisis Nurseries supporter, Sandy Smoley*

the donation of her professional interior design skills to both crisis nurseries over the past eight years.

The Trainors are exceptional community volunteers who demonstrated to the community what business professionals can accomplish when they put their hands and hearts together.

## Denim Totes for Tots

### King’s Doug Christie’s Wife, Jackie, Designs Handbag to Benefit Nurseries

*Lynne Marie Rominger*

Sacramentans love their Kings, and the team often shows its appreciation for area fans by generously giving back to the community. Many charities in town have been the benefactors of players’ and their families’ philanthropy. Now the Sacramento Crisis Nurseries will benefit from a generous fund-raising endeavor creat-

ed by Jackie Christie, the wife of Guard Doug Christie.

The Christies have already prominently distinguished themselves in Sacramento, and indeed the NBA, as the couple who steadfastly showcase their love at games. Now, they have merged their love for each other and their creativity in an off-court business – a fash-



*Mrs. Christie’s signature Nurseries Denim Totes are one-of-a-kind.*

ion house. Doug and Jackie Christie are both designers and have just launched the first line of their collections – Jackie’s Private Handbag Collection. The high fashion totes, clutches, and bags are all hand-sewn with exquisite materials like Egyptian laces, Italian silks, sexy denims and delicate leathers. Plans are underway to

*continued on page 4*

## Holiday Open House & Diaper Drop!

Mark your date book! Sacramento Crisis Nursery North is having a **Holiday Open House and Diaper Drop on Sunday, December 14**. Bring a friend and bring a package of dis-

posable diapers or pull-ups to donate.

The Sacramento Crisis Nursery-North, 4533 Pasadena Avenue, Sacramento, will be open between 2pm and 4pm. Share with us some

holiday sprit and good will. Enjoy refreshments, visit with friends and tour the new nursery.

This is a wonderful opportunity to see the new facility and meet the staff.



# President's Message

Vi McNally, Friends of Crisis Nurseries

There are volunteer opportunities at the Crisis Nurseries for both men and women.

Women in the Active 20/30 Club of Greater Sacramento #1032, interested in learning about volunteer opportunities in the community invited Sue Bonk, Director of the Crisis Nurseries to speak to them about the potential for volunteering. Sue explained the need for volunteers to rock the babies and play with the youngsters at the nurseries. Men are desperately needed as volunteers and childcare workers. Often children at the nurseries do not have a male role model. Childcare volunteers are carefully screened and references are checked.

The 24-hour Parent Support Line is looking for volunteers to answer calls from parents, some with questions about soothing a crying baby, to those with more immediate needs related to a crisis in their lives. Volunteers are asked to go through an informative training program. Men, women, and Spanish speaking volunteers are needed.

Another important volunteer opportunity lies with our group, the Friends of the Crisis Nurseries. We are a small group of dedicated community-minded individuals who serve our mission of preventing child abuse and neglect by supporting the nurseries through fundraising and cre-

ating a greater community awareness. We volunteer at health fairs, giving out information. We offer a speaker's bureau to groups who would like to learn more about the program and its needs.

We are fundraisers. Our latest creative idea is to give you a holiday ornament in return for a donation. We hope you like the idea and will take the opportunity to fulfill those "hard-to-buy-for's" on your list. We publish a quarterly newsletter that gives information about our activities and the needs of the nurseries. It too is one of our important fundraising tools. We are offering tiles to be painted and placed on our seven-foot high obelisk in front of the north nursery as a salute to you or your business as a donor.

These fundraising activities are critical at a time when funding is down and the need for this prevention program increases daily.

It feels good to volunteer and great to be a donor. Join in!

If you are interested in joining our team of volunteers, please contact Haydee Johnson, Volunteer Coordinator at 916 290-8254. Men and women have an equal opportunity to show how much they care.

## Friends of Crisis Nurseries Board of Directors

Vi McNally, President  
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Chris Bohannon, Donna Chipps, Erin Cromer,  
Karen Field, Pamela Long, Ruth Fields Messersmith,  
Erin Muilenberg, Marilyn Parker, Angela West

## Sacramento Crisis Nurseries

Sue Bonk  
Director of Sacramento Crisis Nurseries

**Sacramento Crisis Nursery South**  
6699 South Land Park Drive, Sacramento CA 95831  
Telephone 916-394-2000

**Sacramento Crisis Nursery North**  
4533 Pasadena Avenue, Sacramento CA 95821  
Telephone 916-679-3600

**Visit the Nurseries' website:**  
[www.crisisnurseryonline.org](http://www.crisisnurseryonline.org)

**24 Hour Parent Support Line**  
**1-888-281-3000**

The Friends of Crisis Nurseries is an auxiliary of the Sacramento Children's Home



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SERVING CHILDREN AND FAMILIES SINCE 1867

**Sacramento Children's Home**  
2750 Sutterville Road, Sacramento CA 95820  
916-452-3981



# Holidays at the Crisis Nurseries

Sue Bonk, Director of Sacramento Crisis Nurseries

The holidays at the Crisis Nurseries are one of the most magical times of the year. The Sacramento community is always very generous, particularly around the holidays. There are many toys, treats, stockings, holidays parties and even Santa visits for the children.

The holiday season is also one of the most stressful times for many families. The expectations of gift giving and "what Santa will bring" is more than many parents can fulfill. Stress, sadness, depression and isolation are all feelings and emotions that seem more prevalent during this time of year for a lot of families. The Sacramento Crisis Nurseries are here for those parents who are having a difficult time coping



Sue Bonk

with the stress and anxiety of this season. Those parents needing a little time and respite from the pressures that bombard all of us this time of year can bring their children to the Crisis Nurseries knowing they will be well cared for. The children will

experience the joy, happiness, and excitement that prevails at the Nurseries. They will be the beneficiaries of the generous volunteers and community supporters who often give even more of their time to the children during this time of joy. Parents are included in the festivities so that they can share the magic of the time with their children.

Opportunities to adopt families, host a party, give gifts to the children, or become "Santa-for-a-Day" are there for everyone who would like to help bring that magic and joy to the life of a special child.

Call 916 290-8254 if you would like to volunteer at the Crisis Nurseries

## Regional Collaboration Awarded National Grant

The Regional Crisis Nursery Collaboration, in partnership with the ARCH National Respite Network and Resource Center, received a 3-year grant awarded by the Department of Health and Human Services.

This grant will allow us to implement a comprehensive evaluation of the Crisis Nursery program model. We are very excited and honored to be chosen to participate in this national evaluation project.

## Joy to the Nurseries!

Haydee Johnson

Here at the Crisis Nurseries, volunteers are the backbone of our organization and are vital to its continuing existence. If you can imagine having 3 babies to feed and a couple of toddlers wanting to play at the same time, you can see just how important the extra hands and kind hearts of our volunteers are to the care of our children. It is through their efforts that The Sacramento Crisis Nurseries are able to give individual attention to the children

staying at the nurseries. Simply stated, volunteers are pieces of the puzzle that help complete the entire picture.

One of the pieces of the puzzle is Joy Papailias, a dedicated volunteer since October of 1997. She has graced both the North and South Nurseries with her dedication, kindness and overall commitment to the children. Jackie Jimmerson, a child-care volunteer recruited by Joy (who's also her mother), related Joy's philosophy: "the

most important thing there is, is to help children." Jackie also told us, "If Joy had more time she would spend it at the Nursery." She has become an irreplaceable asset to the Crisis Nursery Family.

Joy's passion to help others goes further than the Sacramento Crisis Nurseries. She also volunteers to feed the homeless at Loaves and Fishes. Her help is a gift to the people in the Sacramento community that cannot be measured.

## Your Shopping Can Help the Nurseries!

Raley's Belair and Nob Hill Markets have a new charity giving program. You will be given a card representing the Crisis Nurseries that you can use each time you shop at one of those stores. You swipe your card through a machine at the check out and the Nursery will receive 1% of the value of your purchases.

An organization can earn up to \$900,000 per year! Just call the North Nursery at 679-3600 and request a card.



# Sarah and Sam's Story

Brooke Samudio

The Sacramento Crisis Nursery North was faced with a unique situation: a Mercy General Hospital social worker called to say that they had a mother, Sarah, who had just given birth to a hearty 9lb-3oz little boy, named Sam. The problem was that the mother was developmentally delayed and the faculty at the hospital did not think she was completely capable of caring for the child. To avoid placing the baby in foster care they hoped he could come to the Crisis

Nursery. That way, Sarah could advance her parenting skills by observing the Nursery staff care for Sam and could also attend parenting classes. For the family to be able to reunify, we took in Sam and promised to work with the mother and help her develop her parenting skills.

Sam's mother visited every day, eager to learn and experience as much as she could, arriving at the Nursery early in the morning and staying until the end of visiting hours at night. We opened our arms to Sarah,

teaching her how to feed, bath, dress, change and hold little Sam. The first few days we demonstrated basic skills to Sarah as she observed, but after just a few days she was



more than ready to put her learning to the test and begin hands-on care. We observed while Sarah gave

baths, changed diapers, dressed and fed Sam for three weeks, each day demonstrating more confidence, independence and security in her parenting skills.

When the time came for Sarah and Sam to leave the Nursery, the social worker told the staff that without their help Sam would have been placed in a foster home directly from the hospital. With our patience and care, Sam and Sarah are reunited and doing fine. We are thankful that we could give Sarah the opportunity to prove her ability to be a great parent.

*continued from page 1*

launch women's apparel, including couture and ready-to-wear. Doug plays an active part in the process of the company's designs. The King has his own line of sportswear and plans to unveil a men's apparel line in the future.

Jackie plans to share the fruits of her labors with the Sacramento Crisis Nurseries by offering a portion of the proceeds from the sale of a special handbag that she's designed specifically them. "I chose to create a bag using denim for the nursery because I wanted to offer something to every woman – something versatile, fun, flirty and durable," says Jackie Christie. "Woman can use this handbag as a diaper bag if they want—filling it with bottles and toys and every-



*Our thanks to Jackie Christy!*

thing for their little one—or as a stylish and hip tote for their own belongings."

Mrs. Christie's signature Nurseries denim totes are one-of-a-kind and unique. None will be exactly the same – so the purchaser can possess a truly distinctive and extraordinary "Jackie Christie" original. Mrs. Christie has also made special arrangements to offer this bag

at well below the retail pricing of most items in her line, so that many people can afford to purchase the bag and thus benefit the Crisis Nurseries that much more.

We encourage you to order yours today and to consider ordering more as gifts for the holiday season, thereby helping the Nurseries raise much needed funds for the upcoming year. To order call the Crisis North Nursery at 679-3600 or contact the sales department of the Christie's fashion house at 916 759-8005.



**iGive.com,  
it's Working!**

Don't forget to register online at iGive.com where your shopping earns money for the Crisis Nurseries!

Register at iGive.com and shop online at any of the 481 great stores like Toys R Us, Land's End, Eddie Bauer and Amazon. The percentage of the donation you earn depends on which stores you shop. You'll find that many stores also offer you special deals on shipping.

To register, go to *iGive.com* and follow the directions. The organization name to fill in is Sacramento Crisis Nurseries. The more you buy at the registered stores, the more you benefit the Nurseries.



# Obelisk Update

The good news is that over 150 tiles have been sold and painted for the Obelisk soon to grace the front of the North Nursery. The even better news is that there is still time and room for more! The eight-foot tall sculpture, soon to be constructed, will showcase hand

painted 6"x6" tiles, purchased for \$100, \$250 or \$500.

We want to especially thank our donors who purchased the four top tiles for \$2,500 each: Junior League of Sacramento, Butler Johnson Corporation (Dan and Jody Ford), Bardis Foundation and

Vernita Bohannon.

Several businesses that have donated \$500 tiles requested help decorating their tiles with corporate logos - and we've been glad to help. We have a group of designers who stand ready to assist the artistically challenged!

Why not give a tile to each

of your children or grandchildren? Celebrate the holidays by giving a gift that will help the Nurseries while providing a lasting memory for your family. Call 679-3600 for information or to reserve a time to paint your tiles.

## Thank you to our Generous Obelisk Donors...

Linda Acosta  
ACS Quantum Strategies  
Robin & John Applebaum  
Margaret & Peter Arballo  
Ann Auble  
Dale & Marnie Badgley  
Bardis Foundation  
Jane & Elias Bardis  
Rachel Bardis  
Susie Birney  
Susan Bitar  
Vernita Bohannon  
Carol Bone  
Robert & Antoinette Bone  
Cheryl Brown  
Butler Johnson Corporation  
Lynn Cannady  
Carmichael Inner Wheel  
Larry & Mary Kate Carter  
Diane & Rob Cassil  
CMSH Electrical  
Shirley Cool  
Deborah K. DaPonte  
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Judge & Mrs. Anthony DeCristoforo  
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Nancy Johnson  
Junior League of Sacramento  
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Linda & Roy Vogel  
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Karl & Abigail West  
Tyrone West  
Bridget & Nephi White  
Wendy Wilkinson  
Vicki Winn  
Peter & Susan Winn  
Nadine & Thomas Winn  
Earl Worley  
Jill Wright

## ...and to the People and Organizations who Donated to the Nurseries

### From June 1 to October 31

Norma J. Atlee  
C.M. & Lou Ann Auble  
Richard Barnes  
Dolores M. Blair  
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Lorraine Reese  
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Donald Rubin  
Carol C. Rupnow  
Ron Sarabi  
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Patricia A. Scharrer  
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Benjamin & Alice M. Wallak  
Alan & Katie White  
Bridget K. White

Patricia & Barbara Wittic  
Judy Yee  
Ralph Zschoernig

### Business/Organizations

American River Community Church, Ambassador Class  
Daughters of American Revolution (DAR)  
Del Paso Church of God Business, Inc.  
Evans Piano Service  
GAP Foundation Matching Gift Program  
IBM  
Jenner Properties, C.K. Jenner  
Porter Novelli  
Radiological Associates of Sacramento Medical Group  
Sierra Moms  
St. Francis of Assisi Church  
Union Bank  
United Way, California Capital Region  
United Way, San Joaquin Co.  
Woodland United Way  
World Savings

# Donna - On her path to succeed

Paula Adams-Mitchell

Donna called the Crisis Nursery asking for help. Her husband had left her with no means for her to pay for her apartment. She was crying when she called and said she was really scared of what would become of her and her children. Her greatest fear was that she would end up on the streets with her four boys, ages 18, 13, and 9, and 1-year-old baby. Donna, a 37-year-old married woman, a high school graduate and trained as a Certified Nursing Assistant, was homeless for the first time.

When I first met with Donna, she had her 13-year old, 9-year old and baby with her, all very well behaved children. I was immediately impressed with the way she interacted with her children, she was warm and respectful, and they responded to her kindness. Donna told me she felt overwhelmed, depressed and anxious. We worked together to define

both short term and long-term goals; her immediate goal was to secure housing. I told her about services available for homeless families and how to access them. Donna's long-term goal of providing for her family is to become an R.N. She became very excited at the prospect of finally achieving her dream through a new program that Sutter Hospital and Sacramento City College are



collaborating on where a high school graduate can be trained as an R.N. in three years.

Donna left the baby with the Crisis Nursery while she called the shelters and se-



cured housing for herself and her two sons. Her first obstacle to overcome was the shelter's policy of not allowing boys over the age of twelve, which would force the 13-year old to stay at another place with other homeless teens. She was able to get his father to take care of him so he wouldn't be separated from a parent during this difficult time in his life. Donna has consistently considered the welfare of her children with every decision she has made, confronting and overcoming every obstacle presented to her. Currently she has three of her children with her in the family

shelter, awaiting placement in transitional housing. She plans to begin school soon after the first of the year - and has invited me to her graduation!

Most of all Donna is grateful for the support and help she received from the Crisis Nursery as we cared for her baby while she took those very difficult first steps to rebuild her life. I am grateful for having known her and am very proud of what she has already accomplished. She has modeled for her children how to overcome serious difficulties in her life on her path to succeed in achieving her dreams.

## Disney on Ice was Really Nice!

Children, ages 3 to 6, and staff from the Nurseries were treated royally to a performance of *Disney on Ice* recently as guests of Quest owner, Tim Burke. The children and staff were entranced as they watched the show from Quest's box seats where they were served wonderful things to eat and drink. Many thanks to Tim for his generosity providing these kids with a magical evening they'll remember forever.

## Health Net Charity Golf Tournament

Health Net's 5<sup>th</sup> Annual Charity Golf Tournament was held September 27th. The Regional Crisis Nursery Collaboration was the beneficiary and will receive \$35,500 as a result of this very successful event.

In addition, Health Net produced a wonderful video on the crisis nursery program

which all of the crisis nurseries will use when we make public appearances on behalf of each of our programs. Bev Chinello, Susan DeStout and their cohorts at Health Net are wonderful people to work with. The video staff is a talented and creative group who produced a sensitive and compelling video that

tells our story.

Thank you to Health Net and to everyone who played in the golf tournament. Please come back next year, and those of you who enjoy a good game of golf, a delicious dinner, and lots of raffle prizes at the end of the day, please join us next year.



## Sacramento Crisis Nurseries Wish List

We are always very grateful for all donations, large and small. Any item from our "Wish List" that is donated is an item that doesn't have to be purchased out of our general funds which leaves more money for the children's needs.

Think of us next time you are shopping and when you see a Wish List item on sale or at a good price, go ahead – pick it up and drop

it off to either Nursery. *It will be a big help!*

Donations can be dropped off Mondays - Fridays, 8:30am to 5pm at either of the Sacramento Crisis Nurseries locations:

**4533 Pasadena Avenue**  
Phone: **679-3600**

or

**6699 South Land Park Dr.**  
Phone: **394-2000**

For the most current wish list, refer to our web site:  
[www.crisisnurseryonline.com](http://www.crisisnurseryonline.com)

### Household

- Paper Towels
- Laundry Soap
- Toilet Paper
- Bleach
- Dishwasher Soap
- Comet
- Anti-Bacterial Liquid Soap
- Lysol

### Arts and Crafts

- Multi-color Foam Sheets
- Multi-color Construction Paper
- Multi-color Foam Balls
- Multi-color Felt
- Magnets
- Paper Plates
- Paint (non-toxic - no water colors)
- Beans
- Cotton Balls
- Glue
- Multi-color Pipe Cleaners
- Small Plastic Cups
- Popsicle (craft) Sticks
- Large Buttons
- Coffee Filters

### Food

- Grocery Gift Certificates
- Juice
- Baby Food - all stages
- Vegetables
- Fruit

### Children's Clothing

- **Diapers** Size 4, 5
- Pull-ups
- Galoshes
- Jackets - (toddler's and children's sizes)

### Bathroom/ Personal Needs

- **Diaper Genie** (Large)
- **Diaper Genie Refill** (Large)
- Toothbrushes
- Lice Combs

### Miscellaneous

- Bus Tickets
- Target Gift Certificate
- Honeywell Air cleaner
- Big Wheels Bike(4-5 yr)

## Wish List Donations

We welcome donations from our Wish List – and from your hearts!

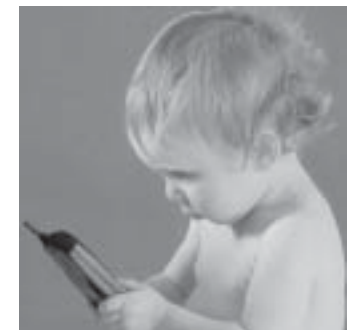
**Thank you** to the many generous people who have brought us items ranging from formula, new baby clothing and new toys to baby cribs and handmade blankets!



Tom Horton  
Renee Hunt  
Edith Keith  
Callisa Kong  
Midori Lim  
Pamela Lobitz  
Jill Montbiand  
Brian Marsh  
Ashley Miller  
Phyllis Miller  
Sandy Nelson  
Margarita Orozco  
Deb Osfeld  
Timi Poeppelman  
Anne, Jake, Jillie Kate  
Randle  
Tamara Robinson  
Rachael Rodman  
Toni Sasse  
Melody Sipes  
Grace Snyder  
Scott & Lynette Taylor  
Joye Wise  
Lisa Woodfinn  
Monica Woods

### Individuals

Lisa Andrews  
Ellen Arabian  
Elaine Bach  
Jackie & Don Barthels  
Rita Bennett  
D. Bullen  
Clifford Carlisle  
Sharon Carroll  
Dwight & Carole  
Davenport  
Evelyn Cox  
Fadia Desmond  
Holly Donaldson  
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Kathy German  
Ted Glum  
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### Organizations

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Omega Nu  
Parents Without Partners  
Presbyterian Mariners  
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Senior Gleaners  
Sutter Memorial Child Life  
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The Assistance League



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Gift Shop  
and  
lunch at the  
Casa  
Garden  
Restaurant!**



**Sacramento Children's Home**  
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## Soroptimists Visit South Nursery

Marilyn Parker, a member of Soroptimist International of Sacramento South, organized a tour of the South Nursery for members of her organization. Director Sue Bonk was on hand to provide information and answer questions.

The Soroptimists South members donated \$750 from their service grant fund to the Nurseries last summer. The Club has recently received a \$1,000 grant toward carpet for the South Nursery and are encouraging participation from other Soroptimist clubs to help complete the job.



*left to right: Pennie Davies; Elnor Tillson; Kathleen Crone; Norma Gwin; Frances Kilgour; Joyce Poppe, President; Marilyn Parker; Carol Pritchard*

For more information, call Marilyn Parker: 927-0612.



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Sacramento CA 95820

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Help a child and a First Commemorative  
Holiday Ornament will be sent in  
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Call 679-3600 for more information.

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